

reflections

CAMP COOBY



Camp Prospectus

CONNECT | CARE | LEAD



Helping
young people to
successfully navigate
and lead their future
communities



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Camp Cooby is affiliated with the following associations:





CREATE YOUR OWN ADVENTURE

Camp Cooby sits on the edge of the beautiful Lake Cooby, just 30 minutes north of Toowoomba. With 50 acres of natural bush environment and dam access, we can offer your students as much fun, adventure and challenge as they can pack into one camp!

What's more - we let you "create your own adventure"! Work with one of our highly experienced Outdoor Educators to design the camp program that suits your objectives, your students and your budget.

Don't have the time or budget for an overnight camp? No problem, we can offer day excursions with your choice of two facilitated activities.

Our passionate team of professionals including teachers, outdoor educators, and psychologists are always happy to take your enquiries to see how we can share our fantastic space with you!

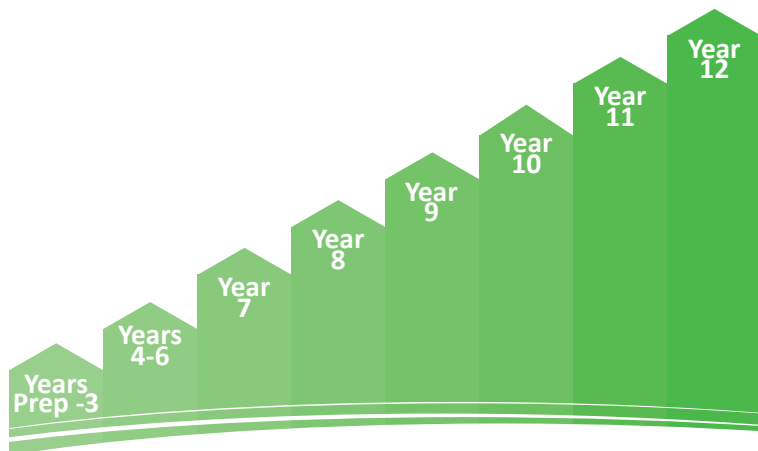




SEQUENTIAL CAMP PROGRAMMING

We aim to become your school's camp of choice, so we understand the need to keep our activities fresh and engaging for your students.

We offer sequential programming so even the most seasoned Camp Cooby veterans will enjoy new and extended challenges that build on their previous visits.



OUR BUSINESS PARTNERS



THE CAMP COOBY DIFFERENCE

Camp Cooby's curriculum, crafted by our dedicated team of outdoor educators, psychologists, scientists, and teachers, is designed to provide holistic and enriching experiences for your staff and students. Our curriculum focuses on three essential components: Social & Emotional Wellbeing, Environmental Care & Sustainability, and our signature Outdoor Education & Leadership experiences.

With our "create your own adventure" approach, we invite you to tailor your camp program by selecting elements from one, two, or all three curriculum areas to best suit your requirements and preferences. Depending on your objectives, you can target some or all of the following skill areas:

- Communication
- Teamwork
- Leadership
- Problem Solving
- Resilience
- Consequential thinking
- Perspective Taking & Empathy

THE CAMP COOBY CURRICULUM MODEL

Outdoor Education & Leadership



Environmental Care & Sustainability



Social & Emotional Well-being

CORE ACTIVITIES

Outdoor Education & Leadership

through outdoor and indoor team based challenges.

**premium activities incur a surcharge*

- Islands in the Sky
- Vertical Playground
- Leap of Faith
- Giant's Ladder
- Milk Crate Stack
- Possum Pull
- Tryolean Traverse
- Zip Line
- Canoeing*
- Raft Building
- Giant Waterslide
- Cooby Quest
- Mountain Biking*
- Archery
- Orienteering
- Catapult Building
- Bush Walks
- Forest Activities
- Team Building
- Initiative Activities
- Camp Craft
- Camp Cooking
- Night Activities
- Night Hikes
- Camp Fire
- Expedition Camps*

OPTIONAL CURRICULUM STREAMS

Social and Emotional Well-being

through neuropsychology, mindfulness, and attention training

- Mindfulness
- Attention Training
- Brain 101
- Connections & Healthy Relationships
- Facebook vs the Brain Book
- The Turtle Brain & Stress
- Seeing is not Believing
- The Backwards Bike
- Focused & Creative Attention
- Resilience Inside & Out
- Reflect to Connect
- Zoning In
- Grit & Attitude- Managing Life's Ups & Downs
- Positivity & the Brain
- Self-Compassion vs Self Esteem

Environmental Care & Sustainability

including permaculture, aquaponics, food production, and waste management

- Fresh Water Ecology
- Aquaponics
- Waste Management
- Recycling
- Composting
- Life Cycle of Invertebrates
- Australian Native Plants
- Eco-system of Lake Cooby
- Food Production



ACCOMMODATION

As part of our commitment to “create your own adventure” you can opt to stay in our bunkrooms, create your own camp village in our camping tents, or head out on an overnight expedition.

BUNKROOMS

Student Rooms

- 15 x rooms available (rooms allocated by Camp Cooby depending on student numbers & male/female splits)
- 8 x students per room (4 x sets of bunk beds per room)
- BYO linen
- Rooms fully powered & airconditioned

Teacher Rooms

- 3 x rooms available (rooms allocated by Camp Cooby depending on teacher numbers & male/female splits)
- 3 x teachers per room
- BYO linen
- Rooms fully powered & airconditioned
- Mirror, mini fridge, & tea & coffee facilities available in each room
- Additional accommodation options available for groups exceeding 9 teachers





CAMPING TENTS

Student Tents

- Tents sleep 4- 6 students each, depending on age of students
- Self inflating mattresses provided for each student
- Tents can either be erected prior to your arrival, or your students can set them up on the first day of camp
- BYO linen

Teacher Tents

- 1-3 teachers per tent
- Inner spring mattresses provided for teachers
- Tents can either be erected prior to your arrival, or your students can set them up on the first day of camp
- BYO linen
- Access to tea & coffee making facilities in our Camp Kitchen

BATHROOMS AMENITIES

- 12 x rooms containing toilet, shower, basin, mirror, & power access
- 2 x individual male & female toilets
- Bathrooms allocated for teachers, male, female, and non-binary students (where required)





CATERING

Camp Cooby has a commercial kitchen and a catering team dedicated to providing fresh, wholesome, filling meals for the duration of your stay. Breakfast, morning tea, lunch, afternoon tea, and dinner options are available, with dietary requirements being accommodated at no extra cost.

Feel free to check out our sample menu at the link below:

<https://www.campcooby.com.au/risk-management/>

FACILITIES

Our site offers a range of facilities to make your school camp experience second to none! Between our conference centre, dining room, lakeside marquee, Bunya View fire pit, Loveday Barn, BBQ area, and numerous ablution facilities, we can comfortably host groups of 200+.





EXAMPLE TWO DAY PROGRAM

DAY 1	
TIME	DAY
10:00-11:00am	Arrival, Welcome, Safety & Orientation, & Introductory Games
11:00 - 11:30am	Morning Tea
11:30- 12:00pm	Move into accommodation
12:00pm - 1:00pm	Lunch
1:00pm- 2:30pm	Activity Period 1 & Goal Setting
2:30 - 3:00pm	Afternoon Tea
3:00pm - 5:00pm	Activity Period 2
5:00 - 6:00pm	Showers & Free Time
6:00 - 7:00pm	Dinner
7:00 - 8:30pm	Evening Activity
8:30 - 9:00pm	Ready for Bed
9:00pm	Lights Out

DAY 2	
TIME	DAY
6:30- 7:30am	Move out of & tidy accommodation
7:30 - 8:30am	Breakfast
8:30- 9:00am	Get ready for the day
9:00 - 10:30am	Activity Period 1
10:30 - 11:00am	Morning Tea
11:00- 12:30pm	Activity Period 2
12:30 - 1:30pm	Lunch
1:30 - 2:30pm	Whole Group Activity
2:30 - 3:00pm	Small Group Debrief & Load Buses
3:00pm	Depart



MAKE A BOOKING NOW

It's time to secure your preferred camp dates. Please contact one of our team members by phone or by email.



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