



Senior LEADERSHIP Camp

Sample Program



Camp Cooby Curriculum Model



Environmental Care
& Sustainability



Outdoor Education
& Leadership



Social & Emotional
Wellbeing

Please note program is a sample and subject to change depending on weather, staff availability and student numbers.

reflections
CAMPCOOBY

Time	Day One			
8:30	Arrive			
8:30 – 9:00	Empty Busses “The Big Shout” Activity			
9:00 – 9:45	Safety Brief Cohort Group Goals/Leadership Discussions			
9:45 – 11:30	Group games in activity groups Morning Tea in activity groups Group goal setting (building off cohort goals) in activity groups			
11:30 – 12:00	Move into accommodation			
12:00 – 1:00	Lunch			
1:00 – 2:30	Group 1 – Cooby Quest	Group 2 – Orienteering	Group 3 – Bridge Build	Group 4 – Giants Ladder
	Group 5 – Cooby Quest	Group 6 – Forest Activities	Group 7 – Capture the flag	Group 8 – Capture the flag
2:30 – 3:00	Afternoon Tea			
3:00 – 4:30	Group 1 – Cooby Quest	Group 2 – Forest Activities	Group 3 – Giants Ladder	Group 4 – Bridge Build
	Group 5 – Cooby Quest	Group 6 – Orienteering	Group 7 – Capture the flag	Group 8 – Capture the flag
4:30 – 6:00	Showers and Free Time			
6:00 – 7:00	Dinner			
7:00 – 9:00	Camp Cooby facilitated Night Activity – “ Operation Rescue Mission ”			

Time	Day Two			
7:00 – 8:00	Breakfast			
8:00 – 8:30	Get ready for the day			
8:30 – 10:00	Group 1 – Capture the flag	Group 2 – Cooby Quest	Group 3 – Orienteering	Group 4 – Capture the flag
	Group 5 – Giants Ladder	Group 6 – Cooby Quest	Group 7 – Forest Activities	Group 8 – Bridge Build
10:00 – 10:30	Morning Tea			
10:30 – 12:00	Group 1 – Capture the flag	Group 2 – Cooby Quest	Group 3 – Forest Activities	Group 4 – Capture the flag
	Group 5 – Bridge Build	Group 6 – Cooby Quest	Group 7 – Orienteering	Group 8 – Giants Ladder
12:00 – 1:00	Lunch			
1:00 – 2:30	Group 1 – Bridge Build	Group 2 – Giants Ladder	Group 3 – Cooby Quest	Group 4 – Orienteering
	Group 5 – Capture the flag	Group 6 – Capture the flag	Group 7 – Cooby Quest	Group 8 – Forest Activities
2:30 – 3:00	Afternoon Tea			
3:00 – 4:30	Group 1 – Giants Ladder	Group 2 – Bridge Build	Group 3 – Cooby Quest	Group 4 – Forest Activities
	Group 5 – Capture the flag	Group 6 – Capture the flag	Group 7 – Cooby Quest	Group 8 – Orienteering
4:30 – 6:00	Showers and Free Time			
6:00 – 7:00	Dinner			
7:00 – 9:00	College run Liturgy			

Time	Day Three			
7:00 – 8:00	Breakfast			
8:00 – 9:00	Get ready for the day			
	Move out of accommodation			
	Clean out accommodation			
9:00 – 10:30	Group 1 - Orienteering	Group 2 – Capture the flag	Group 3 – Capture the flag	Group 4 – Cooby Quest
	Group 5 – Forest Activities	Group 6 – Bridge Build	Group 7 – Giants Ladder	Group 8 – Cooby Quest
10:30 – 11:00	Morning Tea			
11:00 – 12:30	Group 1 – Forest Activities	Group 2 – Capture the flag	Group 3 – Capture the flag	Group 4 – Cooby Quest
	Group 5 – Orienteering	Group 6 – Giants Ladder	Group 7 – Bridge Build	Group 8 – Cooby Quest
12:30 – 1:30	Lunch and debrief in activity groups			
1:30 – 2:00	Cohort Debrief and closing remarks			
2:00	Pack bus and depart			