

Upper Primary – CARE Camp
Sample Program



Camp Cooby Curriculum Model



Environmental Care
& Sustainability



Outdoor Education
& Leadership



Social & Emotional
Wellbeing

Please note this is a sample program and is subject to change depending on weather, staff availability and student numbers.

reflections
CAMPCOOBY

| Time | Day One | |
|---------------|--|---|
| 11:30 | Arrival | |
| 11:30 – 12:30 | Introductory game – “The Big Shout” Fruit Snack Welcome Safety brief Goals Discussion | |
| 12:30 – 1:30 | Lunch | |
| 1:30 – 2:00 | Move into accommodation | |
| 2:00 – 4:00 | Group 1 | Group 2 |
| | Field Challenges Goal Setting Afternoon Tea Forest Activities | Field Challenges Goal Setting Afternoon Tea Forest Activities |
| 4:00 – 5:00 | Waterslide or Zipline (dependant on weather) | |
| 5:00 – 6:00 | Free Time and Showers | |
| 6:00 – 7:00 | Dinner | |
| 7:00 – 8:30 | Night Activity (Facilitated by Camp Cooby Staff) Night Nature Hike and/or Lantern Stalk Camp Fire | |
| 8:30 | Hand over to teachers | |

| Time | Day Two | |
|---------------|---|-------------------------|
| 7:00 – 8:00 | Breakfast | |
| 8:00 – 8:30 | Get ready for the day | |
| 8:30 – 10:00 | Group 1 | Group 2 |
| | Crate Stack | Raft Building |
| 10:00 – 10:30 | Morning Tea | |
| 10:30 – 12:00 | Group 1 | Group 2 |
| | Raft Building | Crate Stack |
| 12:00 – 1:00 | Lunch | |
| 1:00 – 2:30 | Group 1 | Group 2 |
| | Leonardo’s Bridge Build | Orienteering |
| 2:30 – 3:00 | Afternoon Tea | |
| 3:00 – 4:30 | Group 1 | Group 2 |
| | Orienteering | Leonardo’s Bridge Build |
| 4:30 – 5:00 | Waterslide or Zipline (Dependant on weather) | |
| 5:00 – 6:00 | Free Time and Showers | |
| 6:00 – 7:00 | Dinner | |
| 7:00 | Hand over to teachers for school facilitated night activities | |

| Time | Day Three | |
|---------------|--|----------------|
| 7:00 - 8:00 | Breakfast Get ready for the day | |
| 8:00 – 10:00 | Group 1 | Group 2 |
| | Cooby Quest | Cooby Quest |
| 10:00 – 10:30 | Morning Tea | |
| 10:30 – 11:30 | Move out of accommodation Clean accommodation | |
| 11:30 – 12:30 | Lunch and activity group debrief | |
| 12:30 | Pack busses and depart | |