

Middle Years CONNECTIONS Camp  
Sample Program



Camp Cooby Curriculum Model



Environmental Care  
& Sustainability



Outdoor Education  
& Leadership



Social & Emotional  
Wellbeing

Please note program is subject to change depending on weather, staff availability and student numbers.

Time	Day One			
9:30	Welcome Safety brief Introductory Games			
10:30 – 11:00	<b>Morning Tea.</b>			
11:00 – 12:30	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Goal Setting Field Activities	Goal Setting Field Activities	Goal Setting Field Activities	Goal Setting Field Activities
12:30 – 1:30	<b>Lunch</b>			
1:30 – 3:00	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Forest Activities	Forest Activities	Forest Activities	Forest Activities
3:00 – 3:30	<b>Afternoon Tea</b>			
3:30 - 4:00	Move into accommodation			
4:00 – 4:45	Water Slide			
4:45 – 6:00	Free Time and Showers			
6:00 – 7:00	<b>Dinner</b>			
7:00 – 8:30	Night Activity (Facilitated by Camp Cooby Staff): Night Hike Camp Fire			
8:30	Camp Fire and bed at teacher's discretion			

Time	Day Two			
7:00 – 8:00	<b>Breakfast</b>			
8:00 – 8:30	Get ready for the day			
8:30 – 10:00	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Rock Climbing	Canoeing	Orienteering	Leonardo's Bridge
10:00 – 10:30	<b>Morning Tea.</b>			
10:30 – 12:00	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Leonardo's Bridge	Rock Climbing	Canoeing	Orienteering
12:00 – 1:00	<b>Lunch</b>			
1:00 – 2:30	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Orienteering	Leonardo's Bridge	Rock Climbing	Canoeing
2:30 – 3:00	<b>Afternoon Tea</b>			
3:00 – 4:30	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Canoeing	Orienteering	Leonardo's Bridge	Rock Climbing
4:30 – 6:00	Free Time and Showers			
6:00 – 7:00	<b>Dinner</b>			
7:00	Hand over to school staff for night activity			

Time	Day Three			
7:00 – 8:00	<b>Breakfast</b>			
8:00 – 9:00	Move out of accommodation Get ready for the day			
9:00-12:30	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>
	Cooby Quest Morning Tea	Cooby Quest Morning Tea	Cooby Quest Morning Tea	Cooby Quest Morning Tea
12:30 – 1:30	Lunch			
1:30 – 2:00	Activity group debrief			
2:00	Pack busses and depart			